

(TMI Focus, Vol. XVII, No. 4, Fall 1995)

EXPLORING THE SOURCE OF CREATIVITY

by Micki Hawes

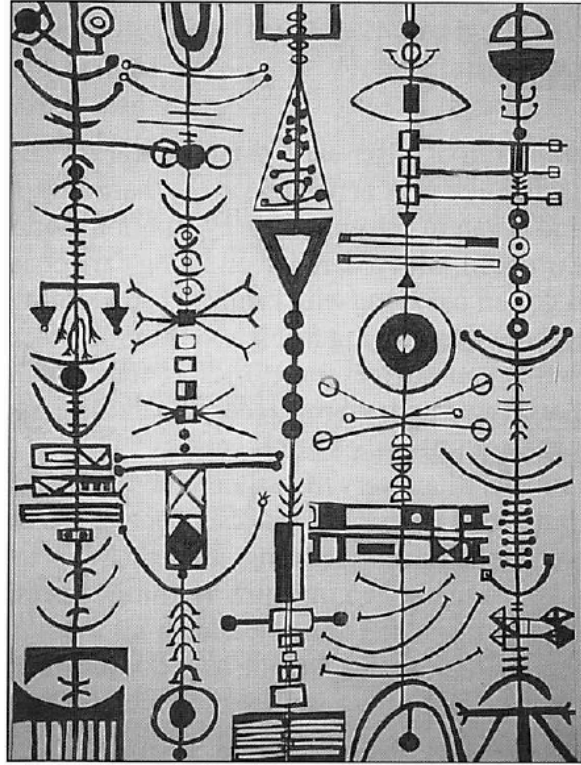
Micki Hawes was among those who participated in the First EXPLORATION 27[®] program. The painting reproduced below is a direct result of her experiences during that week. Here is Micki's story of how the painting came to be, as told in two letters to Program Director Darlene Miller.

Over the years, university art students were forever asking me, "Where do ideas for abstract and non-objective paintings come from?" During Tuesday, June 13, 1995, while listening to the Big Plan tape, IDEA ENERGY was tapped into with such momentum and force that I was ready to hop out of my CHEC unit immediately and begin painting. Shafts of symbols were visualized. The "language" symbols seemed to be coming from another time, brought into consciousness through this tape. I could visualize the completed painting. Excitement prevailed.

I was eager to return to Cincinnati to begin painting. Blue and white, Monroe Institute colors, were right for this 30" x 40" canvas. As I began painting, it was as if I was writing a message in a familiar symbol language. Every shape and line seemed to know where it was to be placed. While painting, I had this incredible feeling of partnership, as if I had consciously found the place that had always been mysterious and in another compartment of consciousness. Enclosed is a photo of the painting. On the back I have indicated the top and bottom, just for clarification. (Smile!)

I am so enjoying the Focus 27 gift tape. It has taken me to wondrous places. The technology (without counting), sound, your voice (Darlene's), and the free flow opportunity is the perfect combination. This tape is now my alltime favorite.

I've been pondering a name for the painting. Then the obvious arrived, "Exploration." Why did it take me so long? The end product is being lived with. There's humor there. Oh, the joy in the process leading to the product! This surge of ideas has me carrying a notebook to make sketches or record. You never know until returning home where a program will lead.



Hemi-Sync® is a registered trademark of Interstate Industries, Inc.
© 1995 The Monroe Institute